



ONE SPA

RACV RESORTS





One Spa Philosophy

One Spa has been created with one person in mind – you

Designed to complement your lifestyle, One Spa offers treatments and services to rejuvenate and restore balance within the body. In the comfortable and relaxing surroundings of RACV Club and Resorts, you can focus on your health and vitality, enjoying a wealth of holistic treatments delivered by highly skilled therapists and health professionals.

Our tailored treatments together with the dedicated One Spa team will help you to create life-long healthy habits.

Member Value

RACV Resorts welcomes members of all auto clubs to enjoy treatments at special member prices. These prices are listed in the pricing insert at the back of this menu.

Prices are subject to change so please confirm at time of booking.

Locations

Queensland:

RACV Royal Pines Resort, Gold Coast

RACV Noosa Resort, Sunshine Coast

Victoria:

RACV Torquay Resort, Great Ocean Road

RACV City Club, Melbourne CBD
(RACV Club members and their guests)

RACV Healesville Country Club, Yarra Valley
(RACV Club members and their guests)

M = Member, NM = Non Member



One Spa Products

Pure Fiji

Discover the South Pacific secret for beautiful skin. For centuries South Pacific and Fijian islanders have used pure coconut oil and flower extracts to nourish, moisturise and beautify both skin and hair. Pure Fiji brings you the best of these traditional blends for today's natural bath and body care. Discover intensive hydrating body oils, creamy coconut lotions, nourishing hand made soaps and fresh sugar scrubs that will have your skin glowing.

Yon-Ka® Paris – The Alchemy of Pure Wellness

Since the 1950s, Yon-Ka® Paris has been a specialist and pioneer in the field of phyto-aromatic skin care. The selection of primarily organic land and aquatic plants used in Yon-Ka® Paris products gives your skin the most precious qualities of aromatherapy, plant therapy, marine and fruit therapy for long lasting and visible results.

Jane Iredale Make-Up

The most beautiful cosmetic you can wear is healthy skin. With mineral ingredients and in-built sunscreen, Jane Iredale Mineral Make-Up is a natural extension of your skin care program. This sheer, almost weightless make-up gives skin a radiant glow, minimises the appearance of pores and fine lines, and, most importantly, allows skin to breathe.

One Spa Signature Rituals

Renew Me

4.5 hours \$542M \$596NM

The perfect way to spend a day, with every part of your body renewed:

- Ocean inspired body wrap
- Your choice of hydrotherapy water experience
- 60 minute Anti-Stress or Muscle Ease massage
- 60 minute customised facial
- Hand or foot ritual
- Spa cuisine

Detoxify Me

2.5 hours \$296M \$325NM

Give your body a boost and detoxify with:

- Ocean inspired body wrap
- Scalp and foot massage
- Your choice of hydrotherapy water experience
- 60 minute Anti-Stress or Muscle Ease massage

Essentially Me

2 hours \$229M \$252NM

Completely rejuvenate with:

- 60 minute Anti-Stress or Muscle Ease massage
- 60 minute customised facial
- Glass of wine or fruit juice in the Spa Lounge

Cherish Me

90 min \$184M \$204NM

Choose three of the following 30 minute treatments:

- Massage
- Facial
- Full Body Exfoliation
- Manicure
- Pedicure



One Spa Face

With advanced skills in skin analysis and prescription, One Spa's therapists will analyse, identify and deliver personalised treatments to provide you with optimal results and prescriptive homecare.

Hydrate

Intensive Hydrating Facial 90 min \$190M \$217NM

A powerful and intense hydration treatment specifically created to maintain an instant and long lasting level of hydration. Active ingredients fight against the signs of aging, smoothing wrinkles and lines.

Replenishing Facial 60 min \$138M \$158NM

A deep, hydrating facial that will eliminate signs of stress, while smoothing and softening dehydrated skin. Offering the ultimate in hydration with a dual mask application, and a sensory aromatic oil massage.

Balance

Deeply Purifying Facial 90 min \$190M \$217NM

For oily and congested skin, this facial includes a micro-peel exfoliation and the gentle elimination of black heads and impurities, leaving skin clear and restored.

Aromatic Cleansing Facial 60 min \$138M \$158NM

This mild facial takes your skin through cleansing, invigoration and balancing without irritation. Using natural aromatherapy oils your skin is left clean with a radiant complexion.

Rejuvenate

Brightening Facial 60 min \$138M \$158NM

This anti-aging treatment brings out the skin's natural glow, restoring smoothness and youth, as early as the first treatment. Under the rejuvenating, intensively moisturising action of controlled fruit acids, the skin becomes noticeably smoother and firmer.

Sensitive

Calming Facial 60 min \$138M \$158NM

Recommended for the most delicate of skin types, natural ingredients are customised to reduce rosacea, redness, skin irritation and sensitivity. Soothing products and massage techniques will leave skin soft, cool and hydrated.

Mature

Lifting Facial 90 min \$190M \$217NM

A regenerating treatment encouraging flawless skin and perfect tone. Harnessing the anti-ageing properties of geranium, lavender and rosemary essential oils, this facial lifts and firms, reducing lines on mature skin.

Enhancements

Facial Wax – Eyebrows, Lip, Chin

Facial Tint – Eyebrows, Eyelashes

Make Up Application – 45 min

Revive Massage – 45 min

Hair Wash and Blow Wave – 30 min

(available at Torquay and Royal Pines Resort only)



One Spa Body

Exfoliations and wraps work on your body's largest organ – the skin. Treatments refine, cleanse and moisturise to increase circulation and leave skin smooth and hydrated while preventing ageing, restoring tissue tone, vitality and elasticity.

Ocean Inspired Body Wrap 75 min \$162M \$180NM

Following a full body exfoliation, enjoy a mineral rich body mask to detoxify, stimulate metabolism and soften the skin. The body is then cocooned in warmth to enhance absorption and then bathed in a hydrating moisturiser.

Royal Milk and Honey Wrap 75 min \$162M \$180NM

A milky sugar rub exfoliates dull skin and deep cleanses your pores, before an anti-ageing, antioxidant-rich honey mask is applied and gently massaged into your skin using warm stones. A soothing scalp treatment concludes the ritual.

Tropical Fruit Wrap 75 min \$162M \$180NM

A tropical inspired exfoliation, followed by a body mask with gentle fruit acids nourish and brighten skin. An indulgent moisturiser enriched with vitamins and antioxidants, completes the treatment. Perfect for dull, dry and tired skin.

Body Glow Exfoliation 45 min \$103M \$113NM

A full body experience using a fresh sugar scrub, to gently buff away ageing skin cells, polish your skin clean and unclog pores. Added to this is the deep moisturising richness of a blend of cold pressed virgin coconut oil and exotic nut extracts to nourish and moisturise, leaving you with a healthy glow.

Enhancements

Water Therapy – 20 min

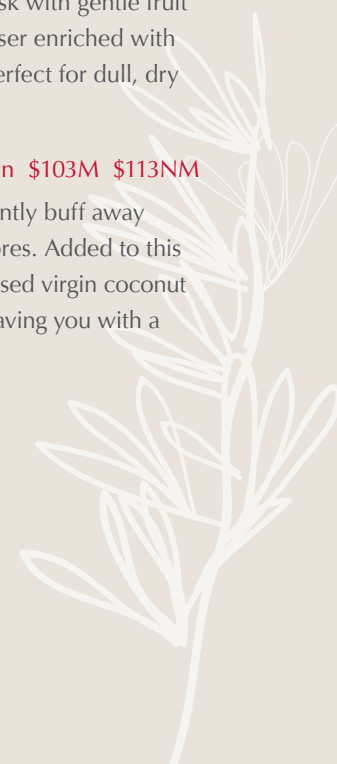
Express Facial – 30 min

Revive Massage – 45 min

Spray Tan – 20 min

Hair Wash and Blow Wave – 30 min

(available at Torquay and Royal Pines Resort only)



One Spa Water Therapies

Water rebalances the body, mind and soul. Ideal for joint and muscular relief as it induces a healthy release of toxins to the skin. Water therapies assist in healing and recovery from surgery, soothing the body after a workout and is a perfect complement to facial or body treatments.

Private Bathing

Tub Soak 30 min single \$59M \$62NM | double \$82M \$91NM

Immerse yourself from top to toe, as the water relieves aches and pains and offers relief to circulatory, muscular and lymphatic systems. Each soak comes with a specially created bathing infusion. Choose from:

Tropical Bliss – Tropical aromas offer a refreshing experience, to enhance your mood and delight the senses.

Luxurious Milk and Honey - Indulgent milk and honey deeply relaxes and nourishes the soul. It's the perfect prelude to your soothing hot stone massage, royal milk and honey wrap or facial of your choice.

Hydro-Swisse Shower 30 min single \$59M \$62NM | double \$82M \$91NM

(Torquay and Royal Pines Resort only)

Experience a full body six shower jet massage, from either side of your body. The knots in your back, neck and shoulders will soon disappear. It's the perfect addition to a body wrap or massage therapy.

Otway Rainforest 30 min single \$59M \$62NM | double \$82M \$91NM

Scrub, Surround and Steam Experience

(Torquay and Royal Pines Resort only)

Inside a private steam room, buff away dry skin with a DIY body scrub and drenching shower. Then let the body mask infuse into your skin as the steam envelopes you. Water is refreshingly diffused by the overhead mist shower and as the mask runs off the body, a downpour commences under another refreshing shower.

Vichy Shower

30 min \$60M \$65NM

(Noosa Resort only)

Relax on a wet treatment table as seven shower heads, varying in gentle to invigorating pressure, wash away any tensions. The jets provide a stimulating water and pressure point massage, over your entire body.

Hammam Bathing

3 hours \$48M \$56NM

(Torquay Resort only)

- Floatation Pool – Heated to a luke warm temperature and heavily salted.
- Spa Pool – Salt chlorinated pool with reclining lounges, moulded seats and self-controlled jets.
- Thermal Stone Room – Heated floor, wall and stone seat with additional steam and mister sprays.
- Steam Room – Higher temperature steam experience, to complement the Thermal Stone Room.
- Experiential Showers – Four x 10 second drench showers set to cool, mild, warm and hot temperatures.



One Spa Massage Therapies

Massage is a powerful tool that assists the body in restoring normal function of the muscular, nervous, circulatory and lymphatic systems. By increasing oxygen flow in the blood, massage releases toxins from muscles and transports nutrients to where they are most required.

Anti-Stress 60 min \$114M \$128M | 90 min \$162M \$180NM

This full body aromatherapy oil massage uses long, slow effleurage movements and traditional Swedish techniques to relieve stress related tension and fatigue.

Muscle Ease ♦ 60 min \$114M \$128M | 90 min \$162M \$180NM

A remedial or deep tissue massage ideal for treating chronic muscular conditions, sporting recovery or injury rehabilitation. Therapists will concentrate on specific problem areas to stimulate circulation and ease aches and pains.

Revive 45 min \$103M \$113NM

Perfect for relieving headaches, migraines and stress the treatment starts with a warm mask brushed through the hair (optional), the scalp is then cocooned in hot towels. Attention is then turned to the neck, shoulders, arms and décolletage with a stress relief massage with warm oils.

Speciality Massages

Hot Stone 90 min \$202M \$225NM

Experience the powerful combination of smooth volcanic basalt stones and a personalised blend of oils to de-stress, energise or relax. The warmth of the naturally formed stone works deep into the muscles to relieve tension.

Aromatic Warm Candle 60 min \$126M \$141NM

Allow the body and mind to unwind, with the calming aromas of pure 100% plant extracts, rich vitamins and pure essential oils in a warm, soft, candle-lit balm. Relax into the exotic massage, as the warm balm glides on, working in synergy to protect, restore and rejuvenate your body.

Mother to Be 60 min \$114M \$128NM

Specific massage techniques are used to reduce pregnancy discomfort and to enhance the physiological and emotional well-being of both mother and baby. Special positioning and cushions provide optimum comfort and safety. Suitable for women after their first trimester.

Enhancements

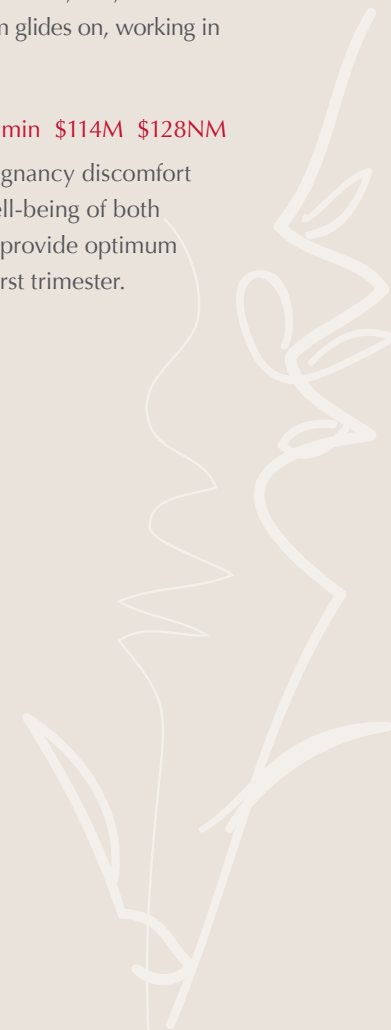
Express Facial – 30 min

Body Glow Exfoliation – 45 min

Water Therapy – 20 min

Hair Wash and Blow Wave – 30 min

(available at Torquay and Royal Pines Resort only)





One Spa Hands and Feet

Combining traditional natural ingredients with contemporary techniques, treatments will nourish and restore your hands and feet.

Hand Ritual with Nail Polish 60 min \$104M \$118NM

Hand Ritual with gel polish 75 min \$132M \$150NM

This unique manicure experience enlivens you from fingertip to elbow. Hands are hydrated, exfoliated and gently massaged. Thermal mittens are used to infuse the hydrating mask, revealing soft skin and beautiful hands and nails. Nail, cuticle work and polish completes the experience.

Express Manicure 30 min \$45M \$50NM

Sit back and let our manicurists do the hard work. Your fingernails will be reshaped, cuticles tidied and your nails painted with a polish of your choice.

Foot Ritual with Nail Polish 60 min \$104M \$118NM

Foot Ritual with gel polish 75 min \$132M \$150NM

Treat your feet to a cleansing foot bath, while a scrub and buff gently exfoliates and removes dead skin. Nail work and cuticles are completed, followed by a massage and hydrating mask, kept warm with thermal booties. A coat of nail polish completes the experience.

Express Pedicure 30 min \$45M \$50NM

Feel like you are floating on air after having your toenails and cuticles tidied, your feet exfoliated and hard skin removed. Complete with a fresh look polish.

Gel Polish 45 min \$44M \$50NM

Treat your nails to a gel polish, with richer, even colour and stronger, longer lasting wear.

French Polish 10 min \$13M \$14NM



One Spa Finishing Touches

Hair

(Royal Pines Resort only and Torquay Resort by appointment)

Starting with a personalised consultation, One Spa's experienced hair professionals will design cuts, styles and colour to ensure you look and feel your best. Plus, you'll be shown how to maintain your new look at home to prolong great results.

Special event hair appointments are also available, please enquire at One Spa reception.

Wax and Tint

One Spa offers a full range of waxing services using soothing techniques to leave you with silky smooth skin. Tinting enhances the natural colour of your own eyelashes or brows using a gentle dye to give you a full and defined look.

Spray Tan

Achieve glowing skin, without suffering the damaging effects of the sun with One Spa's streak-free tan. This spray on tan looks natural, moisturises the skin and is ready to wash and wear after two hours.

Make-Up Application

Using Jane Iredale Mineral Make-Up, learn the techniques make-up artists use to achieve that perfect air brushed look. Suitable for day, evening or special occasion looks, for individuals or group sessions.

- Day time/evening make-up
- Bridal make-up
- Make-up lesson (redeemable on purchase of Jane Iredale make-up)

Learn the techniques make-up artists use to achieve that perfect air brushed look and try them for yourself.

One Spa Man

One Spa has a range of treatments designed specifically to suit male skin types. In addition, all our One Spa treatments can be tailored for male guests.

Replenishing Ritual

90 min \$184M \$204NM

Relax with these three indulgent treatments infused with coconut oil, exotic nut extracts and coconut milk, to hydrate and replenish skin.

- Salt Scrub
- Massage
- Tub Soak

Skin Fitness Facial

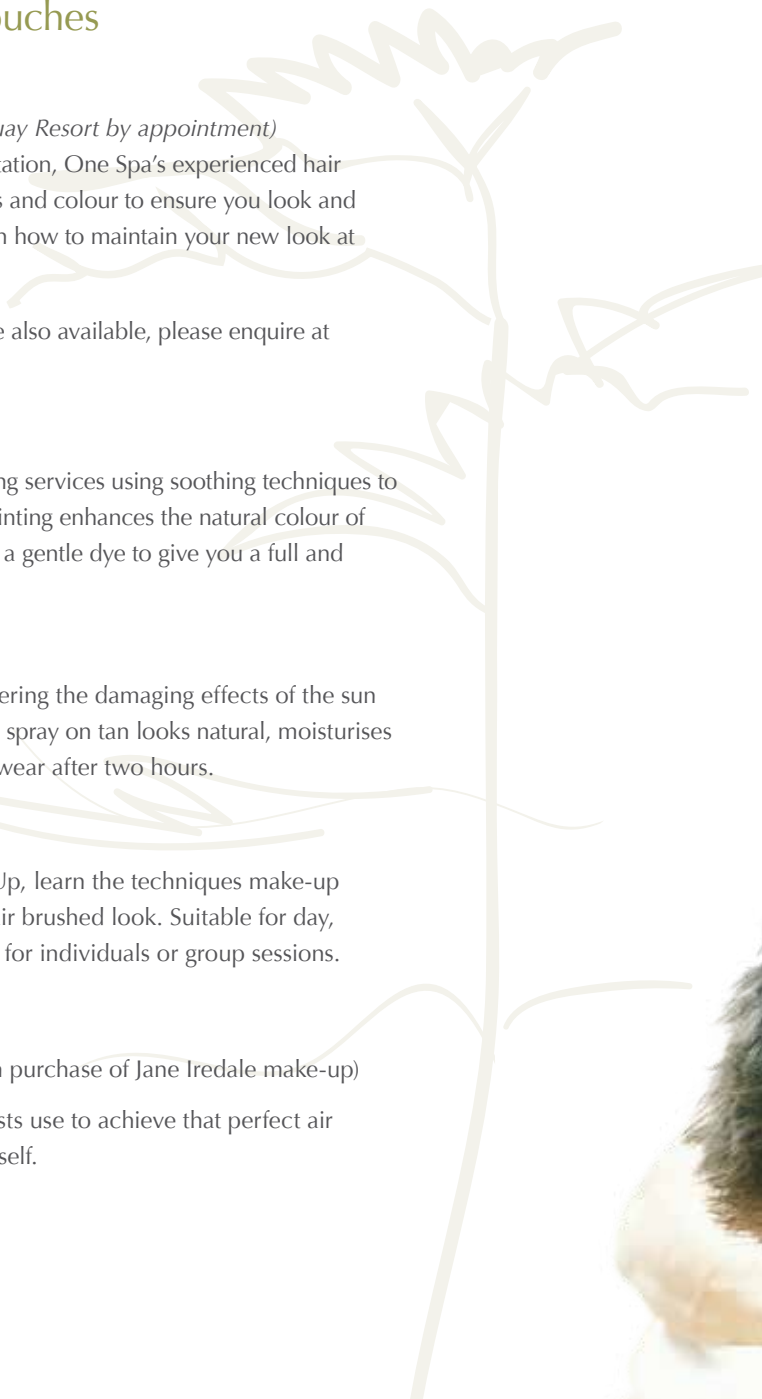
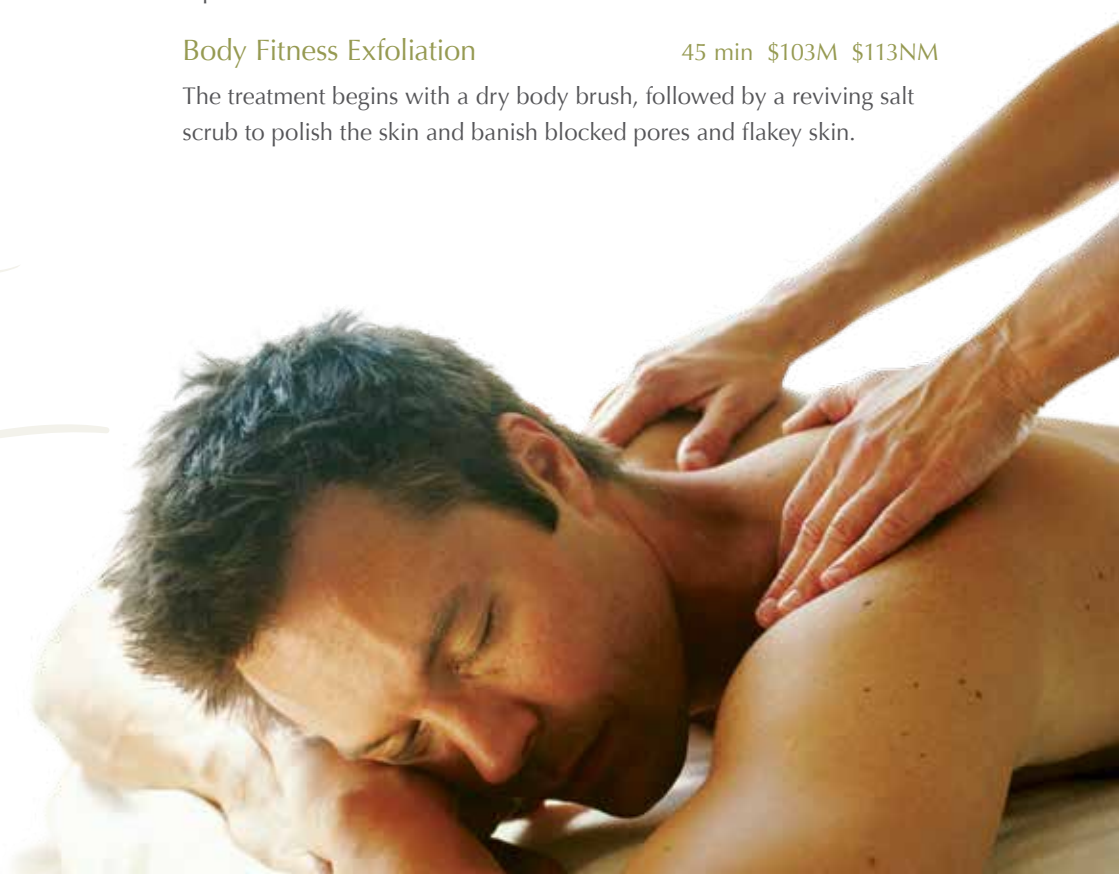
60 min \$138M \$158NM

This facial delivers a super strength exfoliation, a strong pressure point massage to the head and face followed by an intense moisture replacement treatment.

Body Fitness Exfoliation

45 min \$103M \$113NM

The treatment begins with a dry body brush, followed by a reviving salt scrub to polish the skin and banish blocked pores and flakey skin.



One Spa Bride to Be

Every bride deserves to look and feel beautiful on her wedding day. One Spa creates wedding preparation plans that ensure you look gorgeous and feel fabulous as you walk down the aisle. One Spa can tailor hens' day and pre-wedding packages to suit your needs.

Bridal Hair and Make Up

- Bridal makeup and trial – All brides having their makeup done at One Spa are required to have a trial prior to the wedding day
- Bridesmaids
- Mother of the bride
- Hair and makeup packages

Picture Perfect 60 min \$105M \$115NM

Make sure the whole bridal party is Picture Perfect for the big day with this pre wedding package.

- Mini Manicure
- Mini Pedicure
- Sparkling wine and fruit platter

Wedding Recovery for Bride and Groom 90 min \$165M \$180NM

Relax together with:

- Double Spa or Thermal Experience
- Anti-Stress Massage
- Sparkling wine and strawberries coated in chocolate

One Spa Girls' and Hen's Getaways

One Spa can cater for large groups so why not hold your hen's party or next girls' day in the relaxing surrounds of One Spa's private lounge.

Girls' Getaway 90 min \$216M \$239NM

Treat yourself and your friends.

- Revive Massage
- Body Glow Exfoliation
- Glass of wine and a fruit or cheese platter

Day Out 3 hours 45 min \$464M \$510NM

Leave feeling rejuvenated from head to toe.

- Anti-Stress Massage
- Hydrating Facial customised to your skin type
- Body Glow Exfoliation
- Hand or Foot Ritual
- Glass of wine and a fruit or cheese platter

Let our wedding planner tailor a package to suit your particular needs, One Spa is available for large groups on request. Spa cuisine also available.



How to Spa - One Spa Etiquette

Booking in Advance

It is recommended that all bookings be made in advance to avoid disappointment.

Arrival Time

To fully enjoy the One Spa experience, you should arrive at least 20 minutes prior to your scheduled appointment; allowing time to check-in, change into spa attire and fill out or update your personal profile. Enjoy a soothing selection of tea in One Spa's relaxation lounge and make some time to unwind. Please be ready to begin on time as all treatments are completed as scheduled. The full treatment fee will apply for late arrival.

Facilities

As a guest of One Spa you have complimentary use of the resort aquatic facilities and One Spa's Relaxation Lounge. If you wish to use these facilities prior to your spa treatment it is advised you arrive at least 60 minutes before your treatment starts.

Spa Attire

You are advised to wear comfortable clothing. Spa attire and a locker for your personal belongings will be provided. Underwear is required for all treatments and swimwear is needed for body wraps and water therapies. Disposable underwear is also available if required.

Valuables

To safeguard from loss, it is recommended all valuables be left at home and that no jewellery be worn to the day spa. One Spa accepts no responsibility for valuables brought into the day spa, including those left in lockers or bathrobes.

Opening Hours

Opening hours do vary between spa locations so please refer to the website racv.com.au/resorts

Your Treatment Needs

For your safety and comfort please mention if you are under the care of a health professional, have any health conditions or are pregnant. Doctor's clearance may be required. Many treatments can be tailored and are suitable for men and women.

Nail Care

Please wear open toe shoes to ensure longevity of toenail polish. Take care of your polish by allowing sufficient drying time after your treatment.

Your Comfort

Therapists will maintain your privacy at all times. All therapists are trained in appropriate draping techniques. Do not hesitate to tell your therapist if you are uncomfortable for any reason. Please turn off your mobile phone and speak quietly. Consumption of alcohol is not recommended prior to a treatment.

Minimum Age Requirements

Any children under the age of 18 entering the day spa must be attending a treatment and be under direct supervision of a parent or guardian at all times. The type of treatment offered to children does vary dependant on the age of the child. Please contact One Spa directly for more details. Children must be 16 years or above to access water treatments. Treatments must be booked by a parent or guardian.

Group Bookings

Special celebrations are perfect opportunities to enjoy time together at One Spa, and treatment packages can be developed to meet your specific needs. Group bookings can be scheduled for any time during opening hours and a deposit for groups of 4 or more are required at the time of booking.

Cancellation Policy

In consideration to other members and guests wishing to enjoy One Spa services we request a minimum of 48 hours' notice should you wish to reschedule or cancel your appointment. A 50% cancellation fee will apply if under 24 hours' notice is given and a 100% cancellation fee will apply for cancellations on the day or for 'no shows'. A reminder and final confirmation will be provided by One Spa staff 48 hours before the scheduled appointment.

Spa Cuisine

Light snacks, lunch and beverages are available for purchase from the spa menu.

Gift Cards

One Spa Gift Cards are available for purchase and can be sent anywhere in Australia. Gift cards are available from any RACV Club, Resort or retail outlet. Gift Cards are a thoughtful way to say thank you, reward your team or pamper that special someone in your life. Valid for 12 months. Any gift cards to be redeemed at RACV Club properties by non-members must have the One Spa reservation made by a Club member. One Spa accepts no responsibility for lost or stolen gift cards. Please advise your Spa Host when making reservation that you will be using a gift card. Ensure your gift card is brought to your reservation.

Public Holidays

A 15% surcharge applies to all treatments delivered on gazetted public holidays.

Payment Methods

One Spa accepts cash, Visa, Diners, MasterCard, AMEX and EFTPOS. Treatments can also be charged to Club member accounts or your room. All prices are inclusive of GST. Prices are subject to change.

Prices

Please note that treatments are only subject to RACV Club member prices when the treatment is for a Club member. Non-member prices will apply for all guests who are not a Club member.

Health Funds

Some One Spa massage therapists are registered with health funds for specific massage services. Please enquire with our friendly team at time of booking for more information.

Returns

One Spa reserves the right to assess the reason, condition and age of returned goods, prior to offering an exchange or refund. One Spa will accept product returns and exchanges in accordance with the Australian Consumer Law including circumstances where the product is faulty, the product is not fit for its intended purpose, the product does not match its description or you experience an allergic reaction.

If you do change your mind about a purchase we will assist with an exchange or refund if you provide the original receipt of purchase and the item is in its original condition and re-sellable. However, we are unable to accept 'change of mind' exchanges or refunds on cosmetics, make up and their applicators due to health and safety laws.



ONE SPA

RACV RESORTS

Price List

One Spa Signature Rituals

		M	NM
Renew Me	4.5hrs	\$542	\$596
Detoxify Me	2.5hrs	\$296	\$325
Essentially Me	2hrs	\$229	\$252
Cherish Me	90min	\$184	\$204

One Spa Facials

Hydrate

Intensive Hydrating Facial	90min	\$190	\$217
Replenishing Facial	60min	\$138	\$158

Balance

Deeply Purifying Facial	90min	\$190	\$217
Aromatic Cleansing Facial	60min	\$138	\$158

Rejuvenate

Brightening Facial	60min	\$138	\$158
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Sensitive

Calming Facial	60min	\$138	\$158
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Mature

Lifting Facial	90min	\$190	\$217
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Men's Face

Skin Fitness Facial	60min	\$138	\$158
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Facial Add-Ons

Express Massage	30min	\$74	\$81
Facial Waxing and Tinting – single service	15min	\$21	\$23
– two services	20min	\$37	\$42
– three services	30min	\$50	\$58

M = Auto club member NM = Non auto club member

Auto club members include RACV, RACQ, NRMA and all other clubs across Australia and New Zealand

Prices valid until 30 June 2017.

racv.com.au/resorts





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One Spa Body

		M	NM
Ocean Inspired Body Wrap	75min	\$162	\$180
Royal Milk and Honey Wrap	75min	\$162	\$180
Tropical Fruit Wrap	75min	\$162	\$180
Body Glow Exfoliation	45min	\$103	\$113

One Spa Water Therapies

Tub Soak – single/double	30min	\$59/82	\$62/91
Hydro–Swisse Shower – single/double	30min	\$59/82	\$62/91
Scrub, Surround and Steam – single/double	30min	\$59/82	\$62/91
Hammam Bathing	3hrs	\$48	\$56

One Spa Massage Therapies

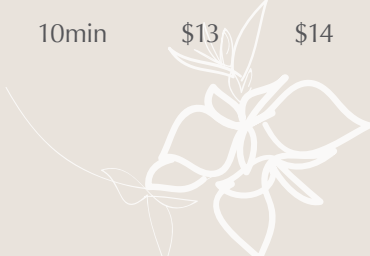
Anti Stress Massage	90/60min	\$162/114	\$180/128
Muscle Ease Massage	90/60min	\$162/114	\$180/128
Revive Massage	45min	\$103	\$113
Hot Stone Massage	90min	\$202	\$225
Aromatic Warm Candle Massage	60min	\$126	\$141
Mother to Be Massage	60min	\$114	\$128

Enhancements

Express Facial	30min	\$72	\$81
Water Therapy	20min	\$47	\$53

One Spa Hands & Feet

Hand Ritual	60min	\$104	\$118
Express Manicure	30min	\$45	\$50
Foot Ritual	60min	\$104	\$118
Express Pedicure	30min	\$45	\$50
File and Polish	20min	\$27	\$30
File and Gel Polish	45min	\$44	\$50
Gel Polish with Removal	45min	\$61	\$68
Gel Polish Add-on	15min	\$28	\$32
Soak Off	20min	\$16	\$21
Additional French Polish (hands or feet)	10min	\$13	\$14





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One Spa Waxing & Tinting

Ladies Waxing

	M	NM
Eyebrow Wax/ Shape	\$28	\$31
Lip/Chin	\$21	\$25
Underarm	\$25	\$29
Bikini	\$37	\$42
Bikini Brief	\$44	\$49
Brazilian	\$57	\$65
Half or Upper Leg	\$37	\$42
Belly	\$20	\$23
Three Quarter Leg	\$45	\$49
Full Leg	\$60	\$68
Arm - Full	\$38	\$42

Ladies Combination Waxing

Face - Eyebrow, Lip and Chin	\$58	\$66
Half Leg, Bikini, Underarm	\$78	\$89
Full Leg, Bikini Brief, Underarm	\$109	\$122

Tinting

Eyelash	\$31	\$35
Eyebrow	\$26	\$30
Eyelash & Eyebrow	\$49	\$57

One Spa Tanning

Full Body	\$45	\$51
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One Spa Make Up

Day / Evening Make Up	45min	\$70	\$77
Bridal Make Up / Trial	60min	\$109	\$122
Bridal Party		POA	
Make Up Lesson	45min	\$70	\$77
Colour Matching <i>*redeemable on products</i>	15 min	\$35*	\$39*





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One Spa Man

Men's Face & Body

		M	NM
Replenishing Ritual	90min	\$184	\$204
Skin Fitness Facial	60min	\$138	\$158
Body Fitness Exfoliation	45min	\$103	\$113

Men's Waxing

Chest		\$41	\$46
Neck		\$20	\$23
Back / Shoulders		\$52	\$59
Arm - Full		\$43	\$48
Stomach		\$23	\$27
Half Leg		\$44	\$49
Full Leg		\$66	\$74
Speedo Line		\$32	\$36
Eyebrows		\$24	\$28

One Spa Bride to Be

Picture Perfect	60min	\$105	\$115
Wedding Recovery (per/person)	90min	\$165	\$180

Girls' and Hens' Getaway

Girls' Getaway	90min	\$216	\$239
Day Out	3.75hrs	\$464	\$510

M = Auto club member NM = Non auto club member

Auto club members include RACV, RACQ, NRMA and all other clubs across Australia and New Zealand

Prices valid until 30 June 2017.

racv.com.au/resorts





ONE SPA

RACV NOOSA RESORT



Local Rituals, exclusive to One Spa RACV Noosa Resort

Couples Castaway

2 hours | M \$286 PP | NM \$317 PP

Be cast adrift into a world of sheer bliss and relaxation.

- Full body glow
- Warm candle massage
- Tub soak for two
- Scalp treatment
- Glass of Champagne

Noosa Escape

3 hours | M \$362 | NM \$407

Indulge yourself, from head to toe.

- Full body glow
- Vichy rain shower
- Anti-stress massage
- Customised facial

PP = per person | M = auto club member price | NM = Non auto club member price

All prices are per person. Auto club members include RACV, RACQ, NRMA and all other auto clubs across Australia and internationally

Prices valid until 30 June 2017

One Spa RACV Noosa Resort 07 5341 6900

Local Rituals, exclusive to One Spa RACV Noosa Resort

Sunrise Indulgence

2 hours | M \$248 | NM \$276

Melt away into sheer relaxation.

- Full body glow
- Vichy rain shower
- Warm candle massage
- Scalp treatment

Laguna Body Bliss

90 min | M \$205 | NM \$224

**Revive and rejuvenate with our
Laguna body bliss.**

- Full body glow
- Vichy rain shower
- Refresh facial
- Scalp treatment
- Hydration treatment

Sunshine Delight

2 hours | M \$203 | NM \$232

Immerse yourself in blissful renewal.

- Customised facial
- Express pedicure
- Express manicure

Colour of Noosa

90 min | M \$174 | NM \$188

**The ultimate package to create
a beautiful glow.**

- Full body brush
- Full body glow
- Express pedicure
- Airbrush tan

Muscle Repair

90 min | M \$153 | NM \$171

Melt your tensions away.

- Muscle relief tub soak
- Muscle ease massage

Cleansing Back Ritual

45 min | M \$103 | NM \$112

**Useful for treating clogged pores,
acne and dehydrated skin.**

- Deep pore cleansing treatment
- Pore extraction and steam
- Purifying mask
- Back massage

Ear Candling

45 min | M \$103 | NM \$112

**A pleasant non-invasive treatment used
to promote an enhanced state of health.**

- Relieves head and ear conditions
- sinuses, ear wax, tinnitus, headaches
- Relieves stress
- Promotes relaxation

Teen Treats

30 min | M \$57 | NM \$62

**Tailored treatment alongside skin
advice and education.**

Choose from one of the following:

- Cleansing facial
- Petite pedicure
- Petite manicure
- Back massage
- Scalp therapy

PP = per person | M = auto club member price | NM = Non auto club member price

All prices are per person. Auto club members include RACV, RACQ, NRMA and all other auto clubs
across Australia and internationally

Prices valid until 30 June 2017

One Spa RACV Noosa Resort 07 5341 6900

ONE SPA

RACV RESORTS

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RACV Torquay Resort
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